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## Briefcase: Sierra Jujitsu/Karate

June 4, 2006

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Sierra Jujitsu/Karate

John Chatwood, owner

3170 Research Way, Ste. 82

882-8821

Beginner classes are 5:15-8 p.m. Tuesday and Thursday and 9-11 a.m. Saturday. Advanced classes are 5:30-6:30 p.m. Monday.

**What I do:** We're teaching affordable Jujitsu and Karate for all age levels. We have a special focus on traditional values of respect and self-discipline.

**Why the business moved:** We wanted to expand it. We doubled our size. We have more than 1,200-square-feet of mat space. We also increased our visitor seating. We needed more room for seven black-belt instructors. We added Wave Masters, a specialized kicking bag and Bobs, a life-sized punching and kicking dummy. Our grand re-opening is 10 a.m.-noon on June 24. We will feature demonstrations and free self-defense clinics for all ages.

**Why I operate a business in Carson City:** I've operated the school for more than 10 years, we survived the Waterfall fire near our former location. I'm also the successor to our martial arts teaching.

**Business accomplishments:** We've grown our school and moved to a larger location. My parent organization The American Jujitsu Karate Association has designated me as a successor of the organization.

**My favorite martial arts move:** Jujitsu because it allows you to control your opponents and gives you options on what level of self-defense to use.

BRAD HORN/Nevada Appeal John Chatwood, an eighth-degree black belt in Jujitsu, demonstrates a knee throw into a ground control move (a choke) with lead instructor and fifth-degree black belt Charles "Chaz" Carter, at Sierra Jujitsu/Karate on Thursday.



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